

SHELTER ROCK JEWISH CENTER

## SISTERHOOD

PRESENTS

♪ *Healing With Music* ♪



### Jill M. Rabin, M.D., FACOG

Chief of Ambulatory Care and Urogynecology  
Department of Obstetrics-Gynecology  
Long Island Jewish Medical Center- North Shore Health System

Dr. Rabin brings to us a unique program which combines her expertise in women's health, complementary healing methods and her years of study of Judaic cantorial music. Dr. Rabin will demonstrate that our musical heritage can become a vehicle for both the delivery of information and the promotion of healing by enhancing the mind, body and soul connection. Research has shown that women enhance their sense of control and decrease stress levels during a serious illness through alternative methodologies, including the embrace of music and spirituality.

#### Menopause and Osteoporosis

Dr. Rabin will also address medical issues affecting women in the middle years and beyond and answer questions.

**TUESDAY, MARCH 17, 2009**

**8 P.M. REFRESHMENTS – 8:15 P.M. PROGRAM**

**IN THE NURSERY SCHOOL ATRIUM**  
Free of Charge

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Please RSVP to SRJC Office  
(516) 741-4305 ext 10

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